# WEEK 1 MENU





GRAB & GO
OPTIONS

# Plant Based Sausages V **Bangers and Mash** MON with Peas and Gravy with Mash, Peas and Gravy Roasted Rainbow Vegetables 💖 Chicken Masala Naan **TUE** with Crispy Spiced Potatoes with Flatbread Fingers, Carrot and Coriander salad and Houmous and Mint Yoghurt Dressing BBQ Mandarin Pork 💖 😻 Sweet Chilli Noodles **WED** with Vegetable Egg Fried Rice Plant Ball Marinara Melt Sriracha Glazed Chicken Burger **THUR** with Chipotle Wedges with Chipotle Wedges and Sweetcorn and Sweetcorn Fish and Chips Vegan Sausage Roll 🔮 FRI with Baked Beans and Peas with Chips, Baked Beans and Peas

# **WEEKLY SPECIAL**

Indian Chickpea Salad •

### **SALADS:**

Tuna Sweetcorn Pasta Salad Pesto Pasta Salad ♥♥

### **SANDWICHES/BAGUETTES:**

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich Ham Baguette Cheese & Tomato Baguette

#### WRAPS:

Tuna Crunch Wrap ♥
Pepper & Houmous Wrap ♥ ♥

#### **HOT DISHES:**

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

# WEEK 2 MENU





GRAB & GO
OPTIONS

## **Sloppy Joe Burger** Vegetarian Cottage Pie 🗸 🧡 MON with Baked Garlic and Herb Wedges with Sweetcorn, Peas and Gravy and Sweetcorn Chicken Katsu 🐲 Roasted Butternut Squash, Chickpea TUE and Broccoli Buddha Bowl 👽 💖 with Wholegrain Rice and Peas Honey Roasted Ham and Mash Macaroni Cheese 🛭 🐲 **WED** with Peas and Gravy with Pizza Pinwheel and Vegetables **Roasted Cauliflower and** Chicken Tikka Masala 💚 💖 Chickpea Korma 🗸 💖 🐝 **THUR** with Wholegrain Rice, Mini Naan with Wholegrain Rice, Mini Naan and Sweetcorn and Sweetcorn **Crispy Chicken Burger** Vegetarian Burrito 🗸 💖 🐝 FRI with Chips, Baked Beans and Peas with Chips, Baked Beans and Peas

# **WEEKLY SPECIAL**

Moroccan Chicken Salad

### **SALADS:**

Tuna Sweetcorn Pasta Salad Pesto Pasta Salad ♥♥

## **SANDWICHES/BAGUETTES:**

Ham & Cheese Sandwich Chicken, Lettuce & Mayo Sandwich Cheese Sandwich Ham Baguette Cheese & Tomato Baguette

#### WRAPS:

Tuna Crunch Wrap ♥
Pepper & Houmous Wrap ♥ ♥

#### **HOT DISHES:**

Paninis
Pasta & Sauces
Freshly Baked Pizza
Jacket Potato & Toppings

# WEEK 3 MENU





GRAB & GO **OPTIONS** 

MON

BBQ Beef Meatballs 😻 💖

and Peas

with Wholemeal Pasta, Pizza Pinwheel



with Pizza Pinwheel and Peas

TUE

Crispy Katsu Fish 😻

with Wholegrain Rice and Peas

Vegetarian Chilli 🔾 💖 😻

with Wholegrain Rice and Peas

**WED** 

Roast Chicken and Mash 🤎

with Peas and Gravy

Beetroot and Feta Burger 🖤

with Garlic and Herb Wedges and Apple Slaw

**THUR** 

Chicken Shawarma 🐲

with Mexican Yellow Rice and Peas

Chinese Vegetable Noodles • •

with Peas

FRI

The Sausage Dog

with Chips, Baked Beans and Peas

The Veggie Dog V

with Chips, Baked Beans and Peas

**WEEKLY SPECIAL** 

Sweet Chilli Chicken Noodle Salad

**SALADS:** 

Tuna Sweetcorn Pasta Salad Pesto Pasta Salad 😻 💝

**SANDWICHES/BAGUETTES:** 

**Ham & Cheese Sandwich** Chicken, Lettuce & Mayo Sandwich **Cheese Sandwich Ham Baguette Cheese & Tomato Baguette** 

WRAPS:

Tuna Crunch Wrap 💖 Pepper & Houmous Wrap 🗸 📽

**HOT DISHES:** 

**Paninis** Pasta & Sauces Freshly Baked Pizza **Jacket Potato & Toppings** 



