



Hayle Academy

February 2024

Assessment timetable for Year 10, Monday 19th February until Friday 1st March.

Dear Parent/Carer,

As we start a new half term, we wanted to take the opportunity to share with you the timetable of assessments that your child will sit during the next half term. Our assessment period spans three school weeks: Monday 19th February until Friday 1st March.

Your child will sit assessments in most of their subjects and this is to assess their progress against our planned curriculum and to help to identify areas for curriculum development.

Ongoing revision strategies will be taking place in lessons and will continue to do so throughout this period. Your support in ensuring that your child attends all of their lessons during this period is very much appreciated.

W/C 19th Feb (2)	Session 1	Session 2	Session 3	Session 4
Monday				
Tuesday		All Yr10 English	10C/Gg1 RLE/MLE 10C/HC RTR	10B/Gg1 RLE/MLE
Wednesday		10B/Dt1 RRA		All Y10 Maths
Thursday	All Y10 Science Part 1			
Friday	10D/Dt1 RRA 10C/HC RTR	10A/Gg1 RLE/MLE 10A/Hi1 LWE		All Y10 Science Part 2
W/C 26th Feb (1)	Session 1	Session 2	Session 3	Session 4
Monday	10B/Mu1 SBA			
Tuesday				
Wednesday	10D/Ar1 ATR			
Thursday		10A/Ar1 ATR		
Friday	10C/Hi1 DTA			

The assessment information will be shared with parents in the Spring Term reports to help give an overview of your child's progress. Not all subjects will be assessed during this cycle of assessments; this is due to the nature of some courses where the students are currently working on coursework.

Assessments, of any kind, can cause anxiety and stress for students. There are many things that you can do to support their revision and the assessment period itself. Please speak to us at school if you are concerned or need advice; below are some suggestions that can help.

- Work with your child to find what revision style works for them.
- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.
- Make sure they are eating and drinking at regular intervals.
- Encourage them to take some time after revising to wind down.
- Reassure them – reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!
- Plan a treat or an activity together to mark the end of the exams.
- Set aside one to one time so that they can talk to you about any worries.
- Let them know their feelings are valid and normal, but also offer support and solutions where possible.
- Anxiety is often worst at night and this means it is useful to encourage a good bedtime routine.
- Work with them to develop relaxation techniques.
- If anxiety and stress start impacting their day-to-day life, seek help from your GP and please liaise with our pastoral team via enquiries@hayle.tpacademytrust.org.

Once again, please do not hesitate to contact myself (r.radford@hayle.tpacademytrust.org), your child's tutor or the school if you have any further questions.

Thank you for your continued support.

Yours sincerely,

Richard Radford

Richard Radford
Assistant Headteacher