

Hayle Academy

February 2024

Dear Parent/Carer,

Following the information shared with you at the year 11 revision evening, I would like to take this opportunity to share with you further details of the timetabled mock exams that will take place between February 26th – March 8th. These exams have been designed to assess the students' progress and identify further specific areas for targeted development. They will also be used to inform any curriculum adaptations that will be needed to support the learning of your child more effectively. Furthermore, they will help to provide a rehearsal of the exam process so that students understand what to expect when they sit their final examinations next summer.

The government has confirmed that examinations are expected to take place next summer as normal with no adjustments. For further information about the 2024 exam series, please follow this link:

<u>Exams – everything you need to know - The Education Hub (blog.gov.uk)</u>

However, if the national context was to change, it is important to be mindful of the importance of all assessments undertaken in school throughout this academic year and how they potentially could be used.

Please find the timetable below for the period Monday 26th February – Friday 8th March 2024 inclusive:

W/C 26th Feb (A)	Bag Drop	Period 1 9.00am- 10.15am	Period 2 10.30am-11.40am	Period 3 11.45am-12.20pm	Early Lunch 12.20pm-12.50pm	Bag Drop	Normal Lunc Exam start 1.0		
Manday 20th	Drama Studio - SLT	Art Exam - All day							
Monday 26th	Tutor	normal lesson normal lesson		normal lesson		Lunch/Tutor as normal		normal lesson	
Tuesday 27th	Drama Studio - SLT	DT- 90 min the	n back to lesson	normal lesson	Early Lunch for all students	Drama Studio -	Maths 1 90 min then back to P4		
	Tutor	normal lesson	normal lesson	noimai iesson		SLT & Tutors			
Wednesday 28th	Drama Studio - SLT & Tutors	Eng Lit 105 min then back to lesson		normal lesson	Early Lunch for all students	Drama Studio - SLT 7 Tutors	Maths 2 90 min then back to P4		
Thursday 29th	Drama Studio - SLT & Tutors	Physics 105 min or 75 min then back to lesson			Early lunch for Spanish students only - NCR & JWO	Drama Studio - SLT	Spanish Writing 80 min then back to P4		
				normal lesson		Lunch/Tutor as normal norma		normal lesson	
Friday 1st	Drama Studio - SLT & Tutors		min then back to son	normal lesson	Early Lunch for all students	Drama Studio - SLT & Tutors	Maths 3 90 min then back to P4		

W/C 4th Mar (B)	Bag Drop	Period 1 9.00am- 10.15am	Period 2 10.30am-11.40am	Period 3 11.45am-12.20pm	Early Lunch 12.20pm-12.50pm	Bag Drop	Normal Lunc Exam start 1.0	
Monday 4th	Drama Studio - SLT	Chemistry 105 min or 75 min then back to lesson		normal lesson	Early lunch for History students only - NCR & JWO	Drama Studio - SLT History 80 min then back t		nen back to P4
	Tutor			normal lesson		Lunch/Tutor as normal normal le		normal lesson
Tuesday 5th	Drama Studio - SLT	Geog 90 min then back to lesson		normal lesson	Early lunch for Computer Sci students only - NCR & JWO	Drama Studio - SLT Comp Sci 90 min then back to		then back to P4
	Tutor	normal lesson	normal lesson			Lunch/Tutor as normal		normal lesson
Wednesday 6th	Drama Studio - SLT	Biology 105 min or 75 min then back to lesson		normal lesson	Early lunch for Music students only - NCR & JWO	Drama Studio - SLT Music 90 min or normal lesso		normal lesson
	Tutor					Lunch/Tutor as normal		normal lesson
Thursday 7th	Drama Studio - SLT		120 min then back esson	normal lesson	Early lunch for Sport students only NCR & JWO	Drama Studio - Sport 90 min or normal lesso		normal lesson
	Tutor	normal lesson	normal lesson			Lunch/Tutor as normal		normal lesson
Friday 8th	Drama Studio - SLT	Health & Social 120 min then back to lesson		normal lesson		Lunch/Tutor as normal		normal lesson
		Spanish Speaking - All day						
	Tutor	normal lesson normal lesson		normal lesson		Lunch/Tutor as normal		normal lesson

Our tutor time programme is supporting students to help them to prepare effectively. This includes revisiting revision techniques and strategies. Students will receive a booklet that includes content lists of their GCSE subjects. These are broken down into 'hourly revision chunks' and contain links to resources for revision, including GCSE pod (GCSEPod). The material from our recent year 11 revision evening can be found on our website to support you with ongoing revision planning. (Revision Support Booklet).

Furthermore, our after-school study support sessions continue to run as per the previously published programme:

Mon	Wed	Thurs	Fri
Science	Maths	English	BTEC Sport
Hospitality & Catering	DT	Art	Health & Social Care
History	Computer Science	Languages	Performing Arts
Travel & Tourism		Geography	Music

It has been very positive to see high numbers of students attending these sessions which are open to all of Year 11, although some students will be invited directly with a text message sent in advance. In addition, the library is available every day until 4pm after school for self-supported study.

Exams, of any kind, can cause anxiety and stress for students. There are many things that you can do to support their revision and the exam period itself. Please speak to us at school if you are concerned or need advice. Below are some suggestions that may help:

- Work with your child to find what revision style works for them
- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing
- Revise in small chunks
- Make sure they are eating and drinking at regular intervals
- Encourage them to take some time after revising to wind down
- Reassure them reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful!
- Plan a treat or an activity together to mark the end of the exams
- Set aside one to one time so that they can talk to you about any worries
- Let them know their feelings are valid and normal, but also offer support and solutions where possible
- Anxiety is often worst at night and this means it is useful to encourage a good bedtime routine
- Work with them to develop relaxation techniques
- If anxiety and stress start impacting their day-to-day life, seek help from your GP and please inform our pastoral team via enquiries@hayle.tpacademytrust.org

A student guide for helping with exam stress can be found using the below link:

Exam Stress | How To Deal with Exam Stress | YoungMinds

Once again, please do not hesitate to contact myself (rradford@hayle.tpacademytrust.org), your child's tutor or the school if you have any further questions.

Yours sincerely

Richard Radford

Richard Radford Assistant Headteacher

