

Broad Horizons

2025



We inspire students to dream big, to achieve more.



INTRODUCTION

Broad Horizons is our personal development programme that takes place on a Thursday afternoon on a Week A as part of the school day. You will get involved in exciting opportunities to develop your health and wellbeing, develop new skills, as well as giving something back to the community.

There are three areas: self, skill, community and students will complete an activity in each of the three areas over the year.

Each activity will last a term (Approximately 6 sessions).

Some activities may have a small cost, but this will not be a barrier to participation. Please speak to us if you have any concerns around finance.

Students will wear their school uniform and all technical equipment will be provided. In some cases, PE kit or sturdy shoes will be needed. If this is the case, students will change at the start of the activity.



Kindness, Respect, Positivity, Resilience





fitness

These activities are designed to help support personal development and wellbeing. They can lead to improved mental health or physical fitness, and support employability skills such as teamwork and communication.

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SELF

All Weather Trail
Running

Let's Get Fit

World of Graphic
Novels and Manga

Introduction to Marine
Science and
Oceanography

Team Building
Challenges

Beginner Swimming

Surf Club

Bushcraft

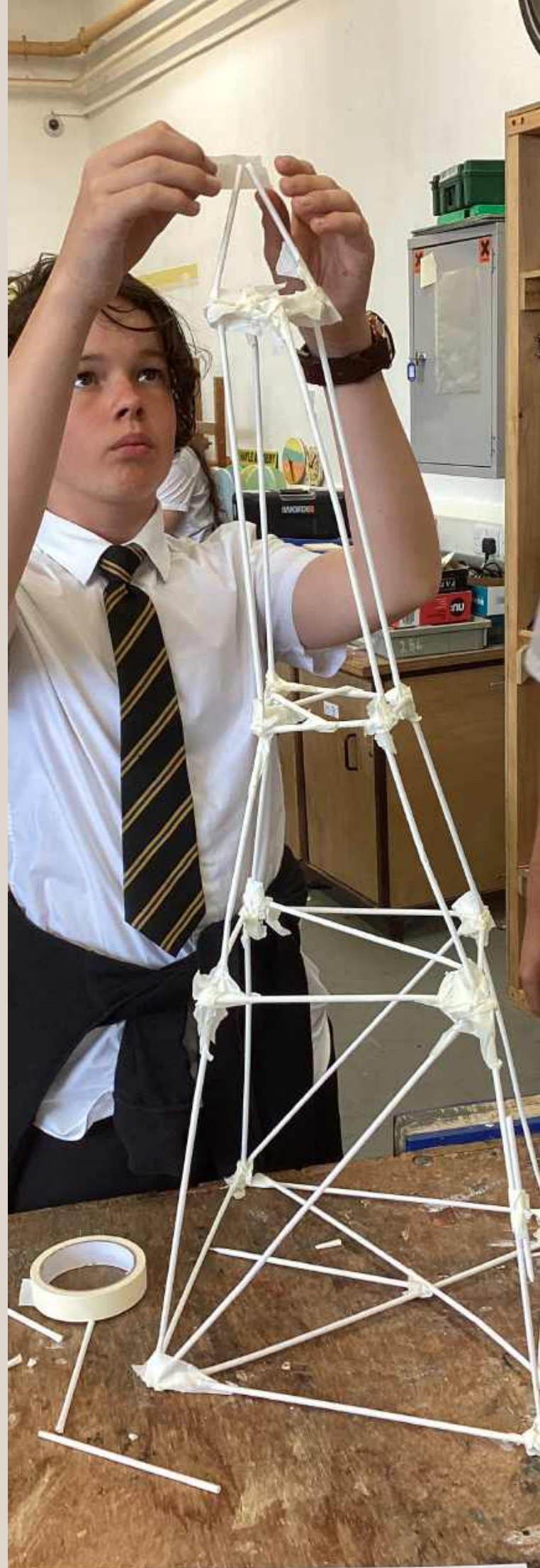
Football Coaching

Wild Swimming

Bootcamp

Social Cricket

KS4 Study Skills



FOOTBALL COACHING

Learn how to plan, deliver, and evaluate coaching sessions. You will learn key principles of coaching, including communication, motivation, session structure and player development. Through practical experience and guided reflection, learners build confidence in leading drills, managing small groups and creating a positive coaching environment. Ideal for aspiring coaches at any level.
(Summer Term only)



WILD SWIMMING



Wild swimming involves swimming in natural places like rivers, lakes, or the sea – no pool tiles, just fresh air and open water! It's a fun, refreshing way to connect with nature, explore the outdoors, and feel super alive. Ready to take the plunge? **(Summer Term only)**



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SURF CLUB

Surf Club is all about fun, friendship, and learning to ride the waves like a pro! Whether you're a total beginner or already catching breaks, you'll build skills, confidence, and fitness out on the water. Expect sandy feet, salty smiles, and epic memories – all while staying safe and supporting each other. Come join the crew and surf your way to adventure! Please note that there is a cost of £12.50 per session for this activity. **(Summer Term Only)**



BUSHCRAFT

Develop your survival skills in the beginners bushcraft course. Students will complete this all weather course and have the opportunity to try outdoor camp cooking, den building and tent erection.

(Summer Term)



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ALL WEATHER TRAIL RUNNING



This invigorating outdoor activity challenges students to embrace the elements as they navigate diverse terrains in all weather conditions. Through trail running, students develop physical endurance, mental toughness, and a growth mindset. Facing unpredictable environments fosters resilience, while the shared experience of overcoming obstacles together cultivates a strong sense of camaraderie and positivity. Rain or shine, this journey empowers students to push boundaries and discover their inner strength.

LET'S GET FIT



Fitness and boxing training - experience different training methods and fitness tests to help improve your own fitness and also give you the ability to help others.



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TEAM BUILDING CHALLENGES

This programme is designed to develop communication, collaboration, and leadership through a series of engaging, active challenges. From problem solving games to physical team challenges, participants will be encouraged to think strategically, support each other, and build trust. The programme promotes resilience, teamwork, and positive group dynamic in a fun, inclusive environment.
(Autumn and Spring Term Only)



BEGINNER SWIMMING



The opportunity for students who cannot yet swim 50m to learn to swim. Students will require parental consent to participate. A big part of learning to swim involves learning how to enjoy the water safely and what to do if you get into trouble in the water. These skills will be covered in the sessions and a whole lot more.



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WORLD OF GRAPHIC NOVELS AND MANGA

Learn about the history of Graphic Novels & Manga, write and illustrate your own comic and other related activities.



INTRODUCTION TO MARINE SCIENCE AND OCEANOGRAPHY



Investigating the biological, chemical and physical aspects of marine science. This will give students a chance to understand the marine environment that surrounds them, also giving them a chance to improve their investigative and practical skills.



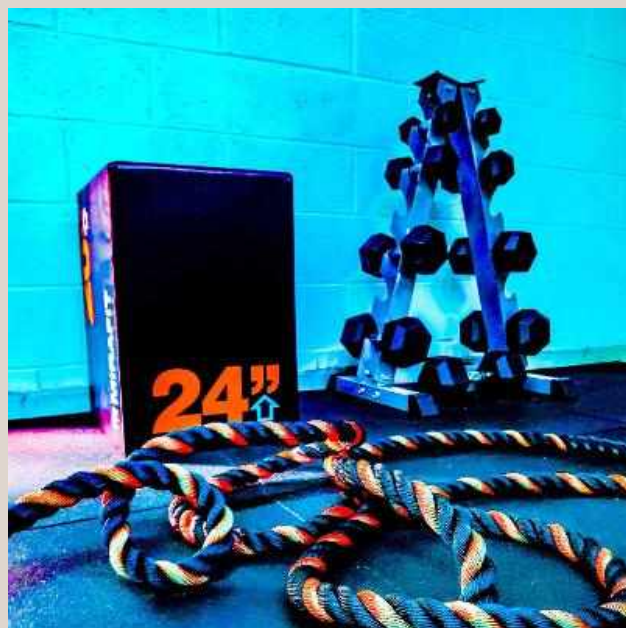
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BOOTCAMP

Develop your physical strength and mental resilience in this all weather fitness bootcamp. Be prepared to be challenged to achieve your own personal best and look forward to the mental and physical reward. Have the chance to design your own bootcamp regime and get those endorphins going!

(Spring Term)



SOCIAL CRICKET

These sessions are designed to provide a **fun, inclusive and supportive** environment for students of all ages to develop their cricketing skills. Whether beginners or experienced players, all students are welcome to train and play in a fun and friendly environment.

KS4 STUDY SKILLS

Learn and practice key revision skills to help you prepare for GCSE examinations. There will also be opportunity for personal study in the build up to assessment windows within this.



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This is an opportunity for students to develop a new skill that goes beyond the traditional school curriculum.

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SKILL

Archery

Cornish Cookery

Science in Society

Basketball

Golf

Taskmasters

Language Lab

Collection of Short
Stories

Angling

DT Workshop Skills

Forensics

Bowls



ARCHERY

Students complete the Archery GB Introduction to Archery course under the expert guidance of Archers of the West. All equipment and safety briefings are provided and this really is a fantastic opportunity for students to develop a 'new string to their bow'! This course has a £20 fee. Please contact Mr Bird for further information.



CORNISH COOKERY



The opportunity for students to hone their cooking skills by making local Cornish delicacies. Each week you will be making a different recipe that has ties to Cornish culture. Will you be the top pasty crimper!?



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SCIENCE IN SOCIETY

Learn about new developments of science in the real world with links made to medical sciences, environmental sciences and much more. This will involve deepening your scientific knowledge alongside some investigations and practicals.



BASKETBALL



Basketball is where energy meets teamwork. Whether you're new to the game or already sinking three-pointers, you'll build skills, speed, and confidence on the court. It's fast, fun, and all about working together, making friends, and scoring big. Come shoot some hoops and be part of the action! You will learn to referee the games as well as improving your own performance.



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GOLF



A fantastic opportunity to experience golf and refine skills using the facilities at Hayle Golf Club. Each week will consist of going to Hayle Golf Club and having coaching sessions with one of the club PGA professionals. There is opportunity to experience golf as a complete beginner, or to refine existing skills. Once we have developed our skills on the practice facilities, we will then venture out onto the main course for some match play. This is open to all abilities and to those that are keen to try a new sport. Please note there is a £45* cost for this course.

TASKMASTERS

Welcome to Taskmaster, the ultimate extracurricular club where imagination meets ingenuity! Inspired by the spirit of fun challenges and quirky problem-solving, this club is all about pushing boundaries, thinking creatively, and working together in unexpected ways.

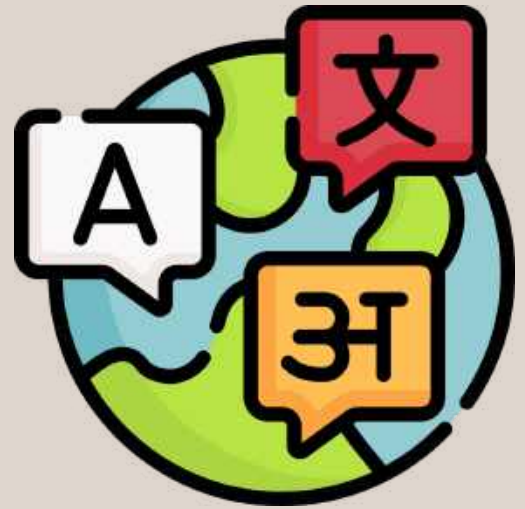


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LANGUAGE LAB

Ever dreamed of speaking another language, visiting a faraway place, or connecting with your roots? In Language Lab, you choose the language and culture you want to dive into – whether it's something totally new or something you already love.



From K-pop to cuisine, anime to adventure, football to family – follow your passions and discover how language opens doors to new worlds. You'll explore cool platforms, learn how to research like a pro, and uncover what it really means to know a language and culture.

Your journey. Your language. Your world.

COLLECTION OF SHORT STORIES



This will give students a chance to use their creative writing skills and create a booklet of 3 short stories that they will perfect and redraft. Students will then create their 'collection' of stories, along with illustrations and a biography section.



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ANGLING

This activity will allow students to develop their angling skills at a nearby fishery in the local community. Students will have the opportunity to catch carp, roach, perch and many other species of fish. This is an all weather activity. There is a cost of £10 per session for this activity.



DT WORKSHOP SKILLS



Learn new workshop skills and show your creativity. Work on your own and as a team to create beautiful and useful items for various uses. There is the opportunity to work on a live brief for a community garden project.



FORENSICS

Can you solve the mystery?
Become a forensic scientist
and collect evidence,
analyse it and present your
findings to catch the
criminal. A real who dunnit
case!



BOWLS



Bowls Club is all about precision and strategy. It's a relaxed but competitive game where you roll bowls to get closest to the target - kind of like outdoor curling! Whether you're after a new challenge or just want to try something different, give it a go. You might be better at it than you think! This activity will run at Hayle Bowls club and we will walk to and from school for these sessions.



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ARB SENSORY SCIENCE

This activity will allow students to explore science through a sensory approach using a variety of materials in the ARB. Students will be able to observe reactions seen and make conclusions from experiments.

(Autumn Term)



ARB EXPERIMENTAL COOKING



ARB Experimental Cooking - building on students' powers of resilience and positivity.

Using a mystery bag of ingredients, see what you can make each week - with surprise results!

(Spring Term)

ARB ART ATTACK

Developing art and design skills and creating our own Art portfolio based around individual art preferences - creativity reigns free!

(Summer Term)



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At Hayle Academy, we feel strongly about supporting our local and global community. These activities enable students to play an active role within their community.

Community

COMMUNITY

Community
Gardening

Music Performance

Bronze Duke of
Edinburgh

School Production

Leech Pottery Project

Biodiversity Build

Bite Back Healthy
Eating Project

Sports Leadership



COMMUNITY GARDENING

All of the pillars are developed as students tend a border on Penpol Terrace as part of the Hayle In Bloom team. The border is judged each year as part of the town's entry into South West in Bloom. The students can feel great pride in being such a positive part of the community and creating and maintaining something that brings great pleasure to both locals and visitors to the town. We garden in all but the most extreme weather conditions, working as a team and helping on other HIB plots if needed. There will also be the opportunity to speak with the judges on judging day.



MUSIC PERFORMANCE



A chance to prepare pieces to perform in the local community in the lead up to Christmas. Develop performance skills, plan, rehearse, promote and give a community performance. **(Autumn Term only)**



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BRONZE D OF E

The Duke of Edinburgh Award is a globally recognised achievement. You'll develop a skill, take part in volunteering and a physical activity weekly in your own time. During the Broad Horizons sessions, we will complete all the necessary training required to take part in the expedition in summer 2026.
(Autumn Term Only)



SCHOOL PRODUCTION



As an alternative to the regular Broad Horizons offer, students have the option to participate in our school production.

During the Autumn Term, this will be based around the planning and set design.

Students wishing to be part of the main cast should select school production during the Spring and Summer Terms.



LEECH POTTERY

Work closely with Leech Pottery and students from a local primary school to create art works. All workshops are led by Leech Pottery and when creating using clay, will be based at Hayle Academy. Make ceramics that will be enjoyed by all at your school in this community transition project.



BIODIVERSITY BUILD



Last year Hayle Academy was lucky enough to receive some funding to boost biodiversity around the school. If you'd like to help out then this is your activity! You will be helping to plan and build new nest boxes for a wide variety of birds, new seating around school with planters built in to attract pollinators and tend to the new trees we plant around the school site.

(Spring and Summer Term)

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BITE BACK HEALTHY EATING PROJECT

. Become a, "Food Champion" and develop a project to challenge the food system.

Uncover problems and injustices within the food system and carry out a social action project to put healthy food in the spotlight, improving the school food system.

(Spring and Summer Term)



SPORTS LEADERSHIP



This is perfect for any students interested in taking a more active role in sports leadership either within school or in community clubs. Develop your confidence, teamwork, communication and leadership skills. By the end of this course, you will be able to confidently support fun, safe and inclusive football sessions.

This is both a practical and theory course. Students will need their iPad and PE kit to participate.



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Our Broad Horizons curriculum aims to be inclusive to all. Students who attend the ARB can select from any of the opportunities within this booklet. If you have a child who attends the ARB and have any queries about Broad Horizons, please speak to Miss Short or Mrs. Harris.



HOW TO SIGN UP

Complete the form here:

<https://forms.gle/kNnYhWsH321sVmHz8>

Select your first and second choices for each of the categories of Self, Skill and Community that you wish to take part in this year.

Please note that you will not be able to switch activities during the term!

Please see Mrs. Hosking if you have any further questions.
Thosking@hayle.tpacademytrust.org



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