



HOLIDAY SAFEGUARDING INFORMATION

The safeguarding team are timetabled to be available over this break for any urgent school-related issues (safeguarding@hayle.tpacademytrust.org). This email will be monitored daily but you may not receive an immediate response.



For any out of school safeguarding concerns or where emergency social care support is required, please contact MARU (0300 1231116) which is a multi-disciplinary team set up to safeguard children or Devon & Cornwall Police on 999 or 101.



MARU (0300 1231116)

An emergency multi agency team who responds to concerns about the welfare or safety of a child. Telephone: 0300 1231116. Out of hours: 01208 251300 (social services)



ChildLine (0800 1111)

ChildLine is a private and confidential service for children and young people up to the age of 19. You can contact a ChildLine counsellor about anything - no problem is too big or too small. Call free on: 0800 1111



NSPCC (Child Protection Helpline: 0808 800 5000)

Report abuse. Contact our helpline if you're worried about a child and speak to one of our counsellors. Don't wait until you're certain if you are worried about a child. If you have any concerns or suspicions, contact our free helpline service to speak to someone 0808 800 5000



Talk to FRANK: Honest Drug Information (0300 1223 6600)

Call 0300 123 6600 Call FRANK 24 hours a day, 7 days a week. Call service details For people with hearing impairments, you can Textphone FRANK on 0300 123 1099. If you call when your friends are around we may ask you to call back. Tel: 0300 1236600



Kooth Counselling: Free counselling (11-19): www.kooth.com

Young people and parents and carers in Cornwall have access to a free counselling service called Kooth. This service offers free online counselling and support provided via Kooth.com's website staffed by a team of qualified counsellors. The support is free, safe and anonymous and does not require a referral. Kooth can help with many types of concerns including:



Brook: offers a wide range of services around sexual health (0300 3030714)

Our services are available to anyone living in Cornwall and our friendly staff can support you with whatever you need. Even if you're not quite sure what you need, they are there to listen, answer any questions and give you lots of information and support just call 0300 3030714 or search website



Mental Health Connect (24/7 Mental Health Helpline)

Call us free on 0800 038 5300

<https://www.cornwallft.nhs.uk/mental-health-crisis-cornwall/>

Additionally, there are lists of support services for a range of emotional and psychological wellbeing needs



SilverCloud

<https://cornwallcyp.silvercloudhealth.com/signup/>

SilverCloud is an online cognitive behavioural therapy (CBT) programme which allows you to complete therapy in your own time and at your own pace. We Are With You



<https://www.wearewithyou.org.uk/>

We Are With You provide free, confidential support to people facing challenges with drugs, alcohol or mental health.