

## KS3 Global Values topics Spring 2026

### Year 7

RSE	What is my identity and what are my rights and responsibilities?
	How do we challenge prejudice, stereotypes and discrimination?
	How do we respond to bullying and support others?
Health and Wellbeing	How can I keep myself healthy?
	What changes happen during puberty?
	What do respectful behaviours look like?
RE	Who is Jesus
	Evidence of incarnation: Birth
	Evidence of incarnation: Baptism
	Evidence of incarnation: Miracles
	Evidence of incarnation: Resurrection and ascension

### Year 8

RSE	How do I develop and maintain healthy relationships?
	What is gender and sexual identity?
	How is consent communicated?
	How do I reduce online risk?
	Contraception
Health and Wellbeing	Why is it important to talk about mental health?
	How do we develop mental resilience?
	What are healthy coping strategies?
	Healthy eating

### Year 9

RSE	Body image
	Eating disorders and the role of the media
	Child sexual exploitation and abuse
Health and Wellbeing	Drugs and alcohol
	Responsible health, hygiene and vaccinations
	Self-harm
RE	Why is there suffering?

## KS4 Global Values topics Spring 2026

### Year 10

RE	Crime and Punishment
RSE	What is the role of pleasure in relationships and the different forms of relationships?
	The impact of the media on sexual behaviours and the opportunities and risks of forming and conducting relationships online.
	The ethical and legal implications in relation to consent, including manipulation, coercion, and capacity to consent and how to respond.

### Year 11

RSE	Exploring core values and emotions, including gender.
	How can I handle unwanted attention and challenge harassment?
	What is relationship abuse and how can I access support?
Health and Wellbeing	How can I assess and manage risk and safety in new independent situations and contact appropriate services?
	How to look after my own health and how to access services available to me.
	How to manage influences and risks relating to cosmetic and aesthetic body alterations.