

Broad Horizons

2026-27



We inspire students to dream big, to achieve more.



INTRODUCTION

Broad Horizons is our personal development programme that takes place on a Thursday afternoon on a Week A as part of the school day. You will get involved in exciting opportunities to develop your health and wellbeing, develop new skills, as well as giving something back to the community.

There are three areas: self, skill, community and students will complete an activity in each of the three areas over the year.

Each activity will last a term (Approximately 6 sessions).

Some activities may have a small cost, but this will not be a barrier to participation. Please speak to us if you have any concerns around finance.

Students will wear their school uniform and all technical equipment will be provided. In some cases, PE kit or sturdy shoes will be needed. If this is the case, students will change at the start of the activity.



Kindness, Respect, Positivity, Resilience





These activities are designed to help support personal development and wellbeing. They can lead to improved mental health or physical fitness, and support employability skills such as teamwork and communication.

Self



This is an opportunity for students to develop a new skill that goes beyond the traditional school curriculum.

Skill



At Hayle Academy, we feel strongly about supporting our local and global community. These activities enable students to play an active role within their community.

Community

GIRLS FOOTBALL ACADEMY

Girls' Football Academy provides an exciting opportunity for students to develop their football skills in a fun, supportive, and engaging environment. Participants will work on improving their technical abilities, increasing their tactical awareness, and building confidence on the pitch through a variety of training activities and game-based practices.

(Autumn and Spring Term)



WILD SWIMMING

Wild swimming involves swimming in natural places like rivers, lakes, or the sea – no pool tiles, just fresh air and open water! It's a fun, refreshing way to connect with nature, explore the outdoors, and feel super alive. Ready to take the plunge? **(Summer Term only)**



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SURFING

Surfing is all about fun, friendship, and learning to ride the waves like a pro! Whether you're a total beginner or already catching breaks, you'll build skills, confidence, and fitness out on the water. Expect sandy feet, salty smiles, and epic memories – all while staying safe and supporting each other. Come join the crew and surf your way to adventure! Please note that there is a cost of £87.50 for this activity. **(Summer Term Only)**



MOON CAMP



Moon Camp invites students to become space architects, engineers and explorers, designing habitats that could support human life beyond Earth. Working in teams, learners investigate the real challenges of living in space and develop creative solutions using science, engineering, design and technology.



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BEGINNER 5KM WALK/RUN



This invigorating outdoor activity challenges students to embrace the elements as they navigate diverse terrains in all weather conditions. Through trail running, students develop physical endurance, mental toughness, and a growth mindset. No prior experience needed, build your confidence in this walk/run group around the local area.

BOXING FITNESS



Fitness and boxing training - experience different training methods and fitness tests to help improve your own fitness and also give you the ability to help others.





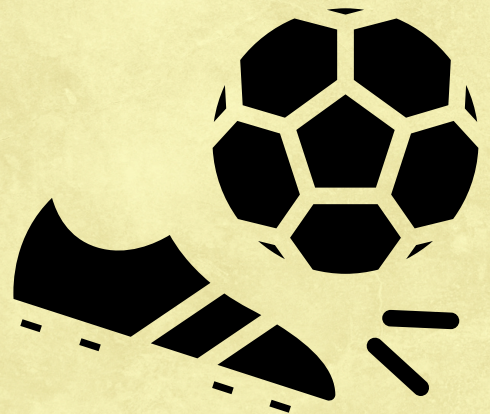
DANCE

Learn basic choreography skills and develop your ideas to create pieces of dance to perform in a showcase

FUTSAL

Futsal develops students' teamwork, communication and tactical awareness through a fast-paced team sport. Students will learn the rules of the game, alongside coaching and officiating skills, while improving decision-making, leadership and confidence in both playing and leading others. Bring full PE kit.

(Autumn and Spring Term)



INTRODUCTION TO SOCIAL SCIENCES



Understand the disciplines within social sciences (e.g., sociology, psychology, political science, economics).



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BOOTCAMP

Develop your physical strength and mental resilience in this all weather fitness bootcamp. Be prepared to be challenged to achieve your own personal best and look forward to the mental and physical reward. Have the chance to design your own bootcamp regime and get those endorphins going!
(Summer Term)



PILATES/ YOGA

Join us to improve your strength, flexibility, balance and wellbeing through Pilates and Yoga. Sessions are suitable for all abilities and provide a calm, supportive environment where you can stay active, reduce stress and build confidence. This session will help you develop core strength, improve posture, increase flexibility and learn relaxation techniques that support both physical and mental wellbeing.



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ARCHERY

Students complete the Archery GB Introduction to Archery course under the expert guidance of Archers of the West. All equipment and safety briefings are provided and this really is a fantastic opportunity for students to develop a 'new string to their bow'! This course has a £20 fee. Please contact Mr Bird for further information.



ITALIAN COOKERY



The opportunity for students to hone their cooking skills by making Italian delicacies. Each session students have the opportunity to create a different dish from Italy using a range of skills.
(Autumn and Spring Terms)



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AFTERNOON TEA

Make sweet and savoury items that could be part of an Afternoon Tea using a range of high skills.
(Summer Term)



ORIENTEERING AND GEOCACHING



Orienteering and geocaching combine physical activity with problem solving and navigational skills. Students develop map reading, compass and GPS skills while learning how to work as a team. Starting with site-based map reading and orienteering skills, sessions would progress to off-site geocaching around the local area as students find routes and search for hidden locations. Encourages outdoor learning, helping students stay active while exploring their local environment with a sense of responsibility and adventure.



GOLF



A fantastic opportunity to experience golf and refine skills using the facilities at Hayle Golf Club. Each week will consist of going to Hayle Golf Club and having coaching sessions with one of the club PGA professionals. There is opportunity to experience golf as a complete beginner, or to refine existing skills. Once we have developed our skills on the practice facilities, we will then venture out onto the main course for some match play. This is open to all abilities and to those that are keen to try a new sport. Please note there is a £45 cost for this course.

SPORTS LEADERSHIP



An opportunity to develop leadership skills, working with local Primary schools to run sporting events, competitions and supporting with Sports Days.



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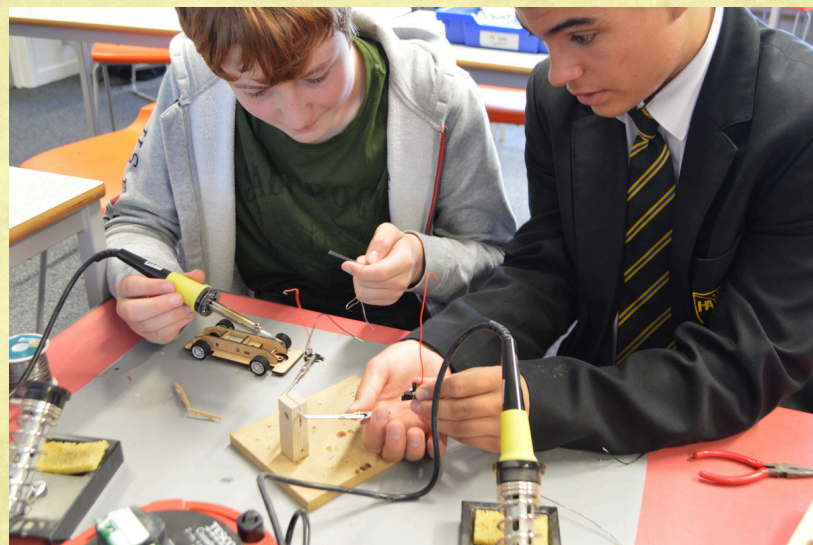
ANGLING

This activity will allow students to develop their angling skills at a nearby fishery in the local community. Students will have the opportunity to catch carp, roach, perch and many other species of fish. This is an all weather activity. There is a cost of £10 per session for this activity.



DT WORKSHOP SKILLS

Learn new workshop skills and show your creativity. Work on your own and as a team to create beautiful and useful items for various uses. There is the opportunity to work on a live brief for a community garden project.



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ARB SENSORY SCIENCE

This activity will allow students to explore science through a sensory approach using a variety of materials in the ARB. Students will be able to observe reactions seen and make conclusions from experiments.

(Autumn Term)



ARB EXPERIMENTAL COOKING



ARB Experimental Cooking - building on students' powers of resilience and positivity.

Using a mystery bag of ingredients, see what you can make each week - with surprise results!

(Spring Term)

ARB ART ATTACK

Developing art and design skills and creating our own Art portfolio based around individual art preferences - creativity reigns free!

(Summer Term)



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HAYLE KITCHEN GARDEN

Hayle Academy kitchen garden gives students a hands on experience of growing fruit, vegetables and flowers. Students will learn how to sow, plant, care for and harvest crops. To support wildlife, develop healthy and sustainable habits while working together to create a thriving school garden.

(Spring and Summer Terms)



MUSIC PERFORMANCE



A chance to prepare pieces to perform in the local community in the lead up to Christmas. Develop performance skills, plan, rehearse, promote and give a community performance.



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BRONZE D of E

The Duke of Edinburgh Award is a globally recognised achievement. You'll develop a skill, take part in volunteering and a physical activity weekly in your own time. During the Broad Horizons sessions, we will complete all the necessary training required to take part in the expedition in summer 2027. **(Autumn Term Only)**



WARHAMMER



Warhammer Club gives students the chance to build, paint, and play with Warhammer miniatures. Through creative model making, strategic gameplay, and teamwork, students can develop their problem-solving skills, patience, imagination, and social confidence while enjoying a popular hobby with like-minded peers.



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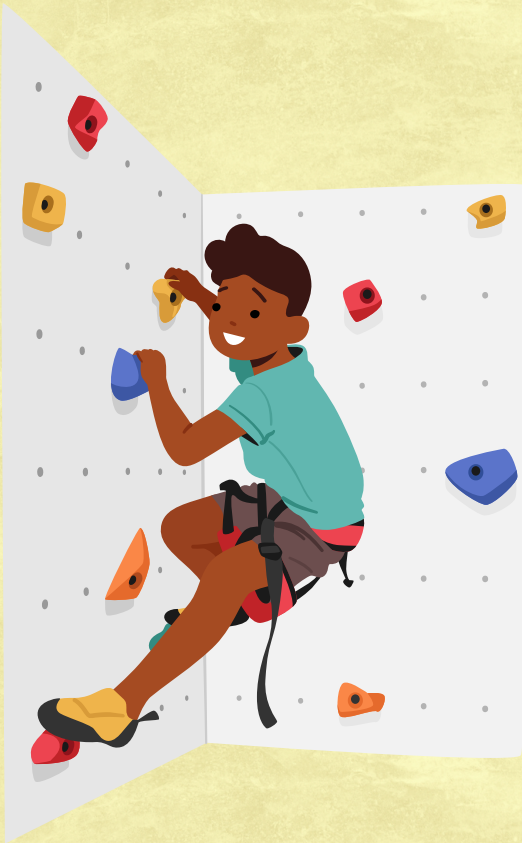
LEECH POTTERY

Work closely with Leech Pottery and students from a local primary school to create art works. All workshops are led by Leech Pottery and when creating using clay, will be based at Hayle Academy. Make ceramics that will be enjoyed by all at your school in this community transition project.



CLIMBING

To develop climbing skills in a safe, supportive, and challenging environment. Pupils will learn climbing techniques, problem-solving strategies, and safety awareness while building confidence and teamwork. Through setting goals and overcoming challenges, students will strengthen Resilience and maintain a Positive attitude. £10 Per session for this activity. **(Autumn and Spring Terms)**



Our Broad Horizons curriculum aims to be inclusive to all. If you have a child who attends the ARB and have any queries about Broad Horizons, please speak to Miss Short or Mrs. Harris.



HOW TO SIGN UP

Complete the form here:

<https://forms.gle/kNnYhWsH321sVmHz8>

Select your first and second choices for the whole year (Three terms)

Please note that you will not be able to switch activities during the term!

Please see Mrs. Hosking if you have any further questions.
Thosking@hayle.tpacademytrust.org



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