



September 2026 PE and Sport Newsletter

Welcome to the start of the 2026-27 academic year, and an exciting year of sport ahead here at Hayle Academy.

We finished the summer term on a high, with a fantastic sports day that gave all the children an opportunity to get involved in a broad range of sports and activities. It was brilliant to see students support one another and embrace the inclusive spirit of the day.

Our U15 cricket team enjoyed a fantastic run to County Finals Day, narrowly missing out on a place in the final, while our U13 cricket team reached the Schools County Final and put on a fine display, beating Sir James Smith School to become county champions!



As we look to the year ahead, our list of Autumn term sports clubs and September fixture list can be found below, along with information on what each year group will be focusing on in their physical education lessons this term.



Autumn Sports Clubs

Monday

Football Club | Year 7 & 8 | Mr Harris & Mr Leech

Football Club | Year 10 & 11 | Mr Ellis & Mr Cooper

Netball Club | All Years | Miss Hosking and Miss Sage

Dance Club | All Years | Miss Rule

Tuesday

Rugby Club | Year 7 & 8 | Mr Harris

Rugby Club | Year 9, 10 & 11 Rugby | Mr Ellis & Mr Croker

Gymnastics | All Years | Mrs Knight

Surfing | All Years | Mr Bird & Mr Emmett

Cross-Country | All Years | Miss Raynor

Thursday

Football Club | Year 9 | Mr Taylor

Girls Fitness Club | All Years | Miss Weeks

All clubs start w/c Monday 14th September.



September Sports Fixtures

Monday 14th September

All after school clubs start.

Tuesday 22nd September

Y8 & 10 Netball vs. Mounts Bay | Home | 3:15pm

Y8 & 10 Rugby vs. Mounts Bay | Home | 3:15pm

Wednesday 23rd September

Y7, 8 & 9 ESSA Team Swimming Champs | Millfield | 8am - 5pm

Tuesday 29th September

Y7 & 9 Netball vs. Mounts Bay | Away | 3:15pm* - 5:45pm

Y7 & 9 Rugby vs. Mounts Bay | Away | 3:15pm* - 5:45pm

**Coach departing school at 3:15pm and arriving back approx. 5:45pm*

Please encourage your child(ren) to attend after school sports clubs if they would like to represent the school in sports fixtures!



Autumn Term PE Curriculum

Year 7 - Fundamental Movement Skills

Year 7 students will develop their fundamental movement skills through netball, rugby and gymnastics, focusing on key skills such as running, jumping, throwing, catching, balance and coordination, with students assessed on how effectively they demonstrate these fundamental movement skills throughout the term.

Year 8 - Teamwork

Year 8 students will develop their teamwork skills through football, dance, basketball and hockey, focusing on communication, cooperation and contributing positively to a team, with students assessed on how effectively they demonstrate teamwork throughout the term.

Year 9 - Leadership

Year 9 students will develop their leadership skills through gymnastics, football, handball and netball, focusing on communication, organisation, decision-making and supporting others, with students assessed on how effectively they demonstrate leadership throughout the term.

Year 10 - Evaluation

Year 10 students will develop their evaluation skills through table tennis, volleyball and invasion sports, learning to identify strengths and areas for improvement, analyse performance and use feedback, with students assessed on how effectively they evaluate their own and others' performance throughout the term.

Year 11 - Decision Making

Year 11 students will develop their decision-making skills through an invasion games league and fitness training, focusing on making effective choices under pressure, adapting strategies and selecting appropriate training methods, with students assessed on how effectively they demonstrate and justify their decision making throughout the term.

To discuss your child's progress or any other aspect of their physical education, please reach out to the PE and Sport Curriculum Leader, Ben Harris, through email: beharris@hayle.tpacademytrust.org.

Year 7 Football and Rugby Trials

On Monday 7th and Tuesday 8th September, we will be holding our school football and rugby trials for the Year 7s. New pupils are invited to come along and show us your skills, teamwork and determination for the chance to represent Hayle this year, as we look to build on the success of last year.



Pupils will need full Hayle PE kit, plus football boots and shin pads.



Pupils will need full Hayle PE kit, rugby or football boots, plus gum shields for competitive school rugby.



PE Kit Expectations and Standards

All students are expected to bring in the correct PE for the days that they have PE.

Please note the following PE kit requirements:

- Hayle Academy PE top
- Optional PE long sleeved quarter zip (pupils are not permitted to wear their school jumper for PE).
- Hayle Academy water proof jacket, or lightweight dark water proof jacket (no large puffer jackets).
- Plain black shorts, skort, joggers or leggings.
- Plain black football socks or black sport socks.
- Sports trainers (different to school shoes).
- Football boots for rugby and football.
- Shin pads for football and hockey.
- You only need your PE kit on the days when you have a PE lesson.

Please ensure all PE is labelled and kept in a separate bag!

For any questions or clarification on PE kit requirements, please email beharris@hayle.tpacademytrust.org.