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PE & SPORT NEWSLETTER

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PE AND SPORT NEWSLETTER

Dear Parents and Carers,

Despite the two-week half term in October, the lead-up to the break was incredibly busy with a wide range of PE fixtures and sporting events taking place across the school. This half term has started just as positively, with fixtures and competitions beginning on the very first day back. All fixture reports and sporting highlights from October can be found throughout this newsletter.

It is fantastic to be able to provide sporting opportunities and chances to be active for as many pupils as possible. Through participation in sport, physical activity and leadership opportunities, we hope to inspire lifelong healthy habits and a lasting enjoyment of exercise from a young age.

There are plenty of exciting opportunities coming up this month, including girls' rugby coaching delivered by St Ives RFC, boys' rugby coaching with Hayle RFC, and sports leadership training for Year 9 students, to name just a few. We look forward to seeing even more pupils getting involved and representing the school in the weeks ahead.

Thank you, as always, for your continued support.

Ben Harris

Ben Harris
PE and Sport Curriculum Lead

Girls T1 RUGBY

AT HAYLE ACADEMY



Training with a coach from St Ives RFC
Wednesday 11th and 18th November , 3:30-4:30pm

Friendly against St Ives School...
Tuesday 24th November

Open to Year 7, 8 and 9 girls.

BOYS RUGBY

AT HAYLE ACADEMY



Training session with coaches from Hayle RFC

Tuesday 10th November
3:30–4:30pm

🏉🏐 HAYLE v CAPE CORNWALL

Thursday 1st October

A fantastic afternoon of school sport at Hayle Academy as our U13 and U15 rugby and netball teams welcomed Cape Cornwall for a full set of fixtures.

The U13 rugby team put in a dominant performance, producing some brilliant attacking rugby on their way to a huge 65–10 victory. Hayle combined powerful running with excellent support play and teamwork throughout, with Jacob, Oscar, Finley A and Harrison delivering standout performances in an impressive team display.

Our U15s competed in mixed Rugby 7s, with plenty of fast, exciting rugby on show. The team demonstrated great energy and commitment throughout and embraced the challenge of the 7s format.

On the netball court, our U13 and U15 teams both faced tough Cape Cornwall sides. Despite two defeats, both Hayle teams competed hard throughout and gained valuable match experience to take forward into their next fixtures.

A brilliant afternoon with so many students representing Hayle across both sports.







U15 National Cup: Falmouth School 1-2 Hayle Academy

Friday 2nd October

Hayle Academy are through to the next round of the U15 National Cup after a superb 2-1 away victory against Falmouth School.

In a closely contested cup tie, Hayle showed tremendous determination, teamwork and resilience to come away with the win. Both sides battled hard throughout, but Hayle's ability to take their chances and defend as a team proved the difference.

Flynn was the match winner, scoring both goals with two composed finishes to give Hayle the advantage in a game that could have gone either way. While the goals were crucial, the victory was built on a disciplined team performance, with every player contributing both in and out of possession.

As Falmouth pushed for an equaliser, Hayle remained organised and committed, defending resolutely and working tirelessly for one another until the final whistle. Their character and determination under pressure ensured they held on for a deserved victory.

A huge effort from Charlie, Riley C, Louis, Riley H, James, Olly, Alfie, Charlie Q, Patrick, Ethan, Zak, Caio and Alex, with excellent support from Charlie D throughout.

A fantastic result, a brilliant team performance and a well-deserved place in the next round of the National Cup. Well done to everyone involved.



🏉🏐 CAPE CORNWALL vs. HAYLE

Monday 5th *October*

It was a successful and enjoyable afternoon of fixtures away at Cape Cornwall, with students across several year groups demonstrating excellent skill, determination and sportsmanship.

The Year 7 rugby team recorded their first victory of the season with a convincing performance. The team played with confidence from the outset, showing great teamwork, strong defensive organisation and some excellent attacking play to secure a well-deserved win.

In football, the Year 8 boys produced a dominant display on a challenging pitch. Despite creating numerous chances throughout the match, they remained patient, focused and positive, continuing to move the ball well and work hard for each other. Their persistence paid off in dramatic fashion when they scored with just 30 seconds remaining, securing a deserved 1-0 victory.

The netball teams also enjoyed a positive afternoon. The Year 7 team celebrated their first win of the season, demonstrating growing confidence and teamwork throughout the match. The Year 9 team competed strongly against their opponents and, regardless of the result, showed fantastic resilience and determination. Their display was a great example of the values we aim to develop through school sport, with players showing positivity, kindness and respect throughout the fixture.

Well done to all students involved for representing the school so positively. Their effort, attitude and support for one another made it a highly successful afternoon of sport.





Year 11 Progress in the ESFA National Cup!

Thursday 8h October

Year 11 progressed in the cup after a thrilling encounter against Pool, eventually coming out on top 3-2 in a dramatic penalty shootout following a 1-1 draw in normal time.

The game was closely contested from the first whistle, with both sides battling hard for control. Year 11 showed great determination and resilience throughout, creating several chances and defending well when required. Their efforts were rewarded when Liam found the breakthrough, calmly converting a penalty to give his side the lead and put Year 11 firmly in control.

Pool responded well and managed to find an equaliser, setting up a tense finish to the match. Despite both teams pushing for a winner in the closing stages, neither side could find the decisive goal, meaning the tie would be settled from the penalty spot.

Year 11 held their nerve superbly in the shootout. Isaac, Shea, and Logan all stepped up with confidence to convert their penalties under pressure. The decisive moment came from goalkeeper Connor, who produced an outstanding save to deny one of Pool's spot kicks and give Year 11 the advantage. His heroics between the posts proved crucial as

Year 11 secured a memorable 3-2 shootout victory.
It was an excellent team performance, with every player contributing to a hard-fought cup win. The squad showed great character, composure, and togetherness throughout the match and thoroughly deserved their place in the next round. Well done to all involved.



U12 National Cup Match Report

Thursday 8th October

Hayle U12s faced a challenging first fixture of the National Cup campaign against a very strong Richard Lander School side. Despite the result not going their way, the Year 7 team can be proud of their efforts throughout the match.

The team demonstrated excellent resilience, continuing to work hard and support one another against tough opposition. Throughout the game, the players remained positive, showed great respect for their opponents, and represented the school with maturity and pride.

Particularly pleasing was the sportsmanship displayed at the final whistle, with the players showing kindness and respect towards the Richard Lander team. While the result was disappointing, this was a valuable learning experience, and the squad's attitude and commitment provide a strong foundation to build on for the rest of the season.

Well done to all involved for the way they conducted themselves both on and off the pitch.



U14 National Cup Match Report

Thursday 8th October

Hayle Academy U14s were unfortunate to bow out of the National Cup after a dramatic and closely contested encounter with Richard Lander School.

The match was evenly balanced throughout, with Hayle producing an excellent performance and taking the lead on several occasions. The team showed great determination, battling hard against strong opposition and playing some impressive football.

With victory seemingly within reach, heartbreak struck in the closing moments when Richard Lander were awarded a penalty and converted to level the scores with only seconds remaining. The match then went to a penalty shootout, where Richard Lander held their nerve to secure the win.

Despite the disappointment of the result, the Hayle players can be immensely proud of their efforts. Their resilience, commitment and teamwork were evident throughout the game, and they represented the school superbly. To push a strong Richard Lander side all the way to penalties was a testament to the character and quality shown by the squad.

While the outcome was tough to take, there were many positives to build on, and the team can leave the competition with their heads held high after a courageous performance.



U13 Girls' ESFA National Cup Match Report

Monday 12th October

The U13 girls travelled to Newquay Tretherras for their second-round ESFA National Cup fixture and produced a strong team performance despite a 3-0 defeat.

Facing a strong Newquay side, the girls worked tirelessly for each other and defended brilliantly as a team throughout the match. Their organisation, determination and resilience were evident from the first whistle to the last.

There were also plenty of positives going forward, with the team showing some promising attacking play and creating opportunities to test the opposition. The players never gave up and continued to look for chances to get back into the game, demonstrating great character and confidence on the ball.

While the result was not what the team hoped for, the girls can be extremely proud of their effort, attitude and the way they represented the school.

We wish Newquay Tretherras the very best of luck in the next round.



Year 8 County Rugby Festival

Tuesday 13th October

Our Year 8 rugby team put in a fantastic performance at their recent U13 country rugby festival, competing against some very strong opposition.

The boys showed great teamwork, determination and skill throughout, scoring some excellent tries and producing some brilliant passages of play. They rose to the challenge of competing at the highest level and represented Hayle Academy superbly. A great effort from everyone involved – well done, boys!

Results in the group stage.
0-5 win against Roseland - Jacob
5-5 draw against Penrice - Ezra
25-0 win against Helston - Ezra, Jacob, Harrison, Charlie G x2
5-0 win against Penair - Jacob



Seths Swimming Success!

A few weekends ago, Seth was selected to represent Cornwall at the National Inter Counties Swimming Championships in Sheffield. Competing as one of the youngest swimmers in his age group, he performed really well in the 100m Freestyle, achieving a new personal best time and finishing 13th overall. He also helped the team in some strong relay performances. We are incredibly proud of his achievement.





Hayle Qualify for South West Cross Country Finals

Before half term, Hayle took 1st place in the junior girls cross country cup, with the boys taking 3rd place. This was a fantastic achievement and has allowed both teams to qualify for the south west finals in Taunton on Saturday 7th November at Taunton Racecourse.





Hayle Students Recognised with Cricket Club Awards

Two Hayle students were celebrated for their outstanding contributions to local cricket at Hayle Cricket Club's end-of-season presentation evening.
Morgan was presented with the Clubman of the Year Award, recognising his dedication and commitment to the club throughout the season.

Max was named Junior Player of the Year, an award that reflects not only his impressive performances on the pitch but also his exceptional contribution off it. Throughout the season, Max has regularly supported coaching sessions for younger players, stepped in to play whenever needed at short notice, and made a significant impact within the men's 3rd team. His maturity, leadership and willingness to help develop younger cricketers have earned him widespread admiration across the club.

Given the high standard of both the cricket and the character shown by the young people at Hayle Cricket Club, these awards are a fantastic achievement. Everyone at Hayle Academy is incredibly proud of Morgan and Max for the way they represent both their club and their school.

Pictured with the students is Paul Lello, Chairman of Hayle Cricket Club and a former Hayle School student himself.





HAYLE PE & SPORT



Autumn Sports Clubs

Monday

Football Club | Year 7 & 8 | Mr Harris & Mr Leech

Football Club | Year 10 & 11 | Mr Ellis & Mr Cooper

Dance Club | All Years | Miss Rule

Tuesday

Rugby Club | Year 7 & 8 | Mr Harris

Rugby Club | Year 9, 10 & 11 Rugby | Mr Ellis & Mr Croker

Netball Club | All Years | Miss Hosking and Miss Sage

Gymnastics | All Years | Mrs Knight

Surfing | All Years | Mr Bird & Mr Emmett

Cross-Country | All Years | Miss Raynor

Thursday

Football Club | Year 9 | Mr Taylor

Girls FItness Club | All Years | Miss Weeks

HAYLE PE & SPORT

NOVEMBER FIXTURES

DATE	FIXTURE	VENUE	TIME
Tue 3rd November	U12 County Rugby Festival (Y7)	Truro College	9am - 1pm
Wed 4th November	**ESFA U13 National Cup vs. CSIA (Y8)**	**Hayle Academy**	**3:15 - 5pm**
Wed 4th November	Time2Lead Sports Leadership (Y9)	Brannel School	10am - 2pm
Thur 5th November	**Y8 & 10 Rugby & Netball vs. St Ives**	**St Ives School**	**3:15 - 5:30pm**
Sat 7th November	South West Cross Country Finals (Y7 & 8)	Leweston School	12 - 2pm
Tue 10th November	**U15 Girls Indoor Cricket Qualifier**	**Mounts Bay**	**9am - 12pm**
Thur 12th November	Y7 & 9 Rugby & Netball vs. HDS	Humphry Davy	3:15 - 5:30pm
Tue 17th November	**U15 Boys Indoor Cricket Qualifier**	**Mounts Bay**	**10:30am - 1:30pm**
Thur 19th November	Y7 & 8 Netball vs. Pool Academy	Pool Academy	10:30am - 1:30pm
Mon 23rd November	**Y8 & 10 Rugby & Netball vs. HDS**	**Hayle Academy**	**3:15 - 5:30pm**
Tue 24th November	Cornwall School Games (Y7 & 8)	Mounts Bay	2 - 4pm
Tue 24th November	**Y8 & 9 Girls Rugby vs. St Ives**	**St Ives School**	**3:15 - 5:30pm**
Thur 26th November	Y7 & 9 Rugby & Netball vs. St Ives	Hayle Academy	3:15 - 5:30pm

Fixtures subject to change based on circumstances such as bad weather. Unscheduled cup matches may also be added to the fixture list throughout the month.

HAYLE PE & SPORT



Autumn Term PE Curriculum

Year 7 - Fundamental Movement Skills

Year 7 students will develop their fundamental movement skills through netball, rugby and gymnastics, focusing on key skills such as running, jumping, throwing, catching, balance and coordination, with students assessed on how effectively they demonstrate these fundamental movement skills throughout the term.

Year 8 - Teamwork

Year 8 students will develop their teamwork skills through football, dance, basketball and hockey, focusing on communication, cooperation and contributing positively to a team, with students assessed on how effectively they demonstrate teamwork throughout the term.

Year 9 - Leadership

Year 9 students will develop their leadership skills through gymnastics, football, handball and netball, focusing on communication, organisation, decision-making and supporting others, with students assessed on how effectively they demonstrate leadership throughout the term.

Year 10 - Evaluation

Year 10 students will develop their evaluation skills through table tennis, volleyball and invasion sports, learning to identify strengths and areas for improvement, analyse performance and use feedback, with students assessed on how effectively they evaluate their own and others' performance throughout the term.

Year 11 - Decision Making

Year 11 students will develop their decision-making skills through an invasion games league and fitness training, focusing on making effective choices under pressure, adapting strategies and selecting appropriate training methods, with students assessed on how effectively they demonstrate and justify their decision making throughout the term.

To discuss your child's progress or any other aspect of their physical education, please reach out to the PE and Sport Curriculum Leader, Ben Harris, through email: beharris@hayle.tpacademytrust.org.

HAYLE PE & SPORT



PE Kit Expectations and Standards

All students are expected to bring in the correct PE for the days that they have PE.

Please note the following PE kit requirements:

- Hayle Academy PE top
- Optional PE long sleeved quarter zip (pupils are not permitted to wear their school jumper for PE).
- Hayle Academy water proof jacket, or lightweight dark water proof jacket (no large puffer jackets).
- Plain black shorts, skort, joggers or leggings.
- Plain black football socks or black sport socks.
- Sports trainers (different to school shoes).
- Football boots for rugby and football.
- Shin pads for football and hockey.
- You only need your PE kit on the days when you have a PE lesson.

Please ensure all PE is labelled and kept in a separate bag!

For any questions or clarifcation on PE kit requirements, please email beharris@hayle.tpacademytrust.org.